

# Approaches to Learning Skills

## **Achievement Level Descriptors**

ATL	- Self Management		
4	The student <b>consistently</b> follows rules and procedures.		
3	The student <b>generally</b> follows classroom rules and procedures.		
2	The student <b>sometimes</b> follows classroom rules and procedures.		
1	When redirected, the student follows classroom rules and procedures.		
0	The student <b>does not</b> follow classroom rules and procedures.		
n/a	The student has not been assessed, yet.		
ATL	ATL - Communication (An active learner who is on task and advocates for support, when necessary)		
4	The student <b>consistently</b> participates.		
3	The student <b>generally</b> participates.		
2	The student <b>sometimes</b> participates.		
1	When prompted, the student participates.		
0	The student's participation <b>does not</b> meet classroom expectations.		
n/a	The student has not been assessed, yet.		
ATL	ATL - Social Collaboration		
4	The student <b>consistently</b> exhibits positive and productive interpersonal skills. The student <b>consistently</b> adheres to group norms.		
3	The student <b>generally</b> exhibits positive and productive interpersonal skills. The student <b>generally</b> adheres to group norms.		
2	The student <b>sometimes</b> exhibits positive and productive interpersonal skills. The student <b>sometimes</b> adheres to group norms.		
1	When redirected, the student exhibits positive and productive interpersonal skills, and adheres to group norms.		
0	The student <b>does not</b> exhibit positive and productive interpersonal skills and/or <b>does not</b> adhere to group norms.		
n/a	The student has not been assessed, yet.		
Work	Work Completion		
4	The student <b>consistently</b> turns in <b>completed</b> work on time.		
3	The student <b>generally</b> turns in <b>mostly</b> completed work on time		
2	The student <b>sometimes</b> turns in work on time		
1	The student <b>rarely</b> turns in work on time		
0	The student <b>does not</b> hand in work on time		
n/a	The student has not been assessed, yet.		



#### Self-Management

#### Self-management III. Organization skills

- Plan short- and long-term assignments; meet deadlines
- Create plans to prepare for summative assessments (examinations and performances)
- Keep and use a weekly planner for assignments
- Set goals that are challenging and realistic
- Plan strategies and take action to achieve personal and academic goals
- Bring necessary equipment and supplies to class
- Keep an organized and logical system of information files/notebooks
- Use appropriate strategies for organizing complex information
- Understand and use sensory learning preferences (learning styles)
- Select and use technology effectively and productively

#### Self-management IV. Affective skills

#### Mindfulness

- Practise focus and concentration
- Practise strategies to develop mental focus
- Practise strategies to overcome distractions
- Practise being aware of body–mind connections

#### Perseverance

- Demonstrate persistence and perseverance
- Practise delaying gratification
- Emotional management
- Practise strategies to overcome impulsiveness and anger
- Practise strategies to prevent and eliminate bullying
- Practise strategies to reduce stress and anxiety

#### Self-motivation

- Practise analysing and attributing causes for failure
- Practise managing self-talk
- Practise positive thinking

#### Resilience

- Practise "bouncing back" after adversity, mistakes and failures
- Practise "failing well"
- Practise dealing with disappointment and unmet expectations
- Practise dealing with change

#### Self-management V. Reflection Skills

- Develop new skills, techniques and strategies for effective learning
- Identify strengths and weaknesses of personal learning strategies (self-assessment)
- Demonstrate flexibility in the selection and use of learning strategies
- Try new ATL skills and evaluate their effectiveness
- Consider content
  - O What did I learn about today?
  - What don't I yet understand?
  - What questions do I have now?
- Consider ATL skills development
  - o What can I already do?
  - o How can I share my skills to help peers who need more practice?
  - What will I work on next?
- Consider personal learning strategies
  - What can I do to become a more efficient and effective learner?
  - How can I be more flexible in my choice of learning strategies?
  - What factors are important for helping me learn well?
- Focus on the process of creating by imitating the work of others
- Consider ethical, cultural and environmental implications
- Keep a journal to record reflections

#### Communication

#### **Communication I. Communication skills**

## Exchanging thoughts, messages and information effectively through interaction

- Give and receive meaningful feedback
- Use intercultural understanding to interpret communication
- Use a variety of speaking techniques to communicate with a variety of audiences
- Use appropriate forms of writing for different purposes and audiences
- Use a variety of media to communicate with a range of audiences
- Interpret and use effectively modes of non-verbal communication
- Negotiate ideas and knowledge with peers and teachers
- Participate in, and contribute to, digital social media networks
- Collaborate with peers and experts using a variety of digital environments and media
- Share ideas with multiple audiences using a variety of digital environments and media

#### Reading, writing and using language to gather and communicate information

- Read critically and for comprehension
- Read a variety of sources for information and for pleasure
- Make inferences and draw conclusions
- Use and interpret a range of discipline-specific terms and symbols
- Write for different purposes
- Understand and use mathematical notation
- Paraphrase accurately and concisely
- Preview and skim texts to build understanding
- Take effective notes in class
- Make effective summary notes for studying
- Use a variety of organizers for academic writing tasks
- Find information for disciplinary and interdisciplinary inquiries, using a variety of media
- Organize and depict information logically
- Structure information in summaries, essays and reports

#### Social

#### Social II. Collaboration Skills

#### Working effectively with others

- Use social media networks appropriately to build and develop relationships
- Practise empathy
- Delegate and share responsibility for decision-making
- Help others to succeed
- Take responsibility for one's own actions
- Manage and resolve conflict, and work collaboratively in teams
- Build consensus
- Make fair and equitable decisions
- Listen actively to other perspectives and ideas
- Negotiate effectively
- Encourage others to contribute
- Exercise leadership and take on a variety of roles within groups
- Give and receive meaningful feedback
- Advocate for one's own rights and needs



# Enfoques del Aprendizaje

### Descriptores de Niveles de Logros

Habilidad - Auto Manejo		
4	El estudiante sigue <b>constantemente</b> las normas y procedimientos.	
3	El estudiante <b>generalmente</b> sigue las reglas y procedimientos de la clase.	
2	El estudiante <b>a veces</b> sigue las reglas y procedimientos de la clase.	
1	Cuando es redirigido, el estudiante sigue las reglas y procedimientos de la clase.	
0	El estudiante <b>no sigue</b> las reglas y procedimientos de la clase.	
n/a	El estudiante no ha sido evaluado todavía.	
Habilidad- Comunicación (Un alumno activo que se mantiene enfocado en el trabajo y aboga por ayuda cuando es necesario)		
4	El estudiante participa constantemente.	
3	El estudiante participa <b>generalmente</b> .	
2	El estudiante participa <b>a veces</b> .	
1	Cuando se le solicita, el estudiante participa.	
0	La participación del estudiante <b>no cumple</b> con las expectativas del salon de clases.	
n/a	El estudiante no ha sido evaluado todavía.	
Habilidad - Trabajo Terminado		
4	El estudiante <b>constantemente</b> entrega el trabajo completo a tiempo.	
3	El estudiante <b>generalmente</b> entrega el trabajo completo a tiempo.	
2	El estudiante <b>a veces</b> entrega el trabajo a tiempo.	
1	El estudiante <b>rara vez</b> entrega el trabajo a tiempo.	
0	El estudiante <b>no entrega</b> su trabajo a tiempo	
n/a	El estudiante no ha sido evaluado todavía	
Hab	ilidad - Colaboración Social	
4	El estudiante exhibe, <b>constantemente</b> habilidades interpersonales positivas y productivas. El estudiante <b>siempre</b> se integra a las normas del grupo.	
3	El estudiante exhibe, <b>generalmente</b> habilidades interpersonales positivas y productivas. El estudiante se integra en general, a las normas del grupo.	
2	El estudiante <b>a veces</b> exhibe habilidades interpersonales positivas y productivas. El estudiante <b>a veces</b> se integra a las normas del grupo	
1	<b>Cuando es redirigido</b> , el estudiante exhibe, habilidades interpersonales positivas y productivas y se integra a las normas del grupo	
0	El estudiante <b>no exhibe</b> habilidades interpersonales positivas y productivas y/o no se integra a las normas del grupo.	
n/a	El estudiante no ha sido evaluado todavía.	
-		